



Return by:
**Tuesday,
Oct. 21**



Write an **X** in the box for each day you want to order breakfast.

Monday 3-Nov	Tuesday 4-Nov	Wednesday 5-Nov	Thursday 6-Nov	Friday 7-Nov
Cereal Bowl	Apple Muffin	Vanilla Waffle	Cinnamon Swirl	No school
The orders for this week were already placed in October. Changes are not allowed.				
10-Nov	11-Nov	12-Nov	13-Nov	14-Nov
Cereal Bowl	Cranberry Oatmeal Bar	Lemon Poppyseed Snackbread	Glazed Breakfast Bites	Apple Cinnamon Brekkie
17-Nov	18-Nov	19-Nov	20-Nov	21-Nov
Cereal Bowl	Blueberry Waffle	French Toast Loaf	Banana Bread Slice	Glazed Donut
24-Nov	25-Nov	26-Nov	27-Nov	28-Nov
Cereal Bowl	Pumkin Muffin			
1-Dec	2-Dec	3-Dec	4-Dec	5-Dec
Cereal Bowl	Blueberry Pomegrante Breakfast Bar	Banana Muffin	Apple Breakfast Bites	Chocolate Cake Donut
8-Dec	9-Dec	10-Dec	11-Dec	12-Dec
Cereal Bowl	Sliced Bagel w / Strawberry cream cheese	French Toast Bar	Pumpkin Bread Slice	Brekkie

LUNCH

Breakfast includes 100% juice, choice of milk and / or 2nd fruit.

Read front of this page for instructions.

3-Nov	4-Nov	5-Nov	6-Nov	7-Nov
Chicken Patty Sandwich	French Toast Stick	Roasted Sliced Beef on Flatbread	Sweet & Sour Chicken	
The orders for this week were already placed in October. Changes are not allowed.				
10-Nov	11-Nov	12-Nov	13-Nov	14-Nov
Chicken Tenders Ketchup, carrot slims & dip, fruit cup, and WG roll	Cheeseburger Bun, cheese slice, ketchup, potato smiles, fresh orange	Alfredo Pasta Penne Sliced cucumbers & dip, and banana Special treat: confetti cookie	Pulled Chicken Taco WG Tortilla, shredded lettuce, shredded Cheddar Cheese & Crema, black beans and fresh Honeydew	Cheese Pizza Caesar Salad (Romaine, croutons, cheese and Caesar dressing), fresh apple
Alternate (S): Turkey & Cheese on WW Bread <input type="checkbox"/>	Alternate (S): Grilled chicken & cheese bun <input type="checkbox"/>	Alternate (S): Turkey & cheese on bagel <input type="checkbox"/>	Alternate (S): Chicken Club Hoagie <input type="checkbox"/>	Alternate (S): Egg Salad on WW Bread <input type="checkbox"/>
17-Nov	18-Nov	19-Nov	20-Nov	21-Nov
Mandarin Orange Chicken Veggie Fried Rice, celery sticks, carrots & dip, and fruit cup	Popcorn Chicken Bowl * Ketchup, mashed potatoes, WG Rolls, carrots and fresh orange.	Macaroni Pasta w/Meatballs Marinara meatballs, shredded Mozzarella, salad greens & dressing, and banana	Premium Corn Dog Chicken Corn Dog, ketchup, baked beans, cucumbers, fresh Honeydew Special treat: Cool Ranch Doritos	Cheese Pizza Steamed green beans, broccoli florets and apple
Alternate (S): Pesto & Provolone Chicken Bun <input type="checkbox"/>	Alternate (S): Deli Turkey on WW Bread w/mayo <input type="checkbox"/>	Alternate (S): Bahn Mi Chicken on Flatbread <input type="checkbox"/>	Alternate (S): Turkey & cheese, hoagie, mayo <input type="checkbox"/>	Alternate (S): Chicken Caesar Wrap <input type="checkbox"/>
24-Nov	25-Nov	26-Nov	27-Nov	28-Nov
Chicken Nuggets * Ketchup & Lime mayo, potato stix & ketchup baby carrots, and fruit cup Special treat: Brownie choco chip cookie	Birria & Cheese Pupusa Lime slaw & salsa, steamed street corn and fresh orange			
Alternate (S): Grilled Chicken & cheese bun <input type="checkbox"/>	Alternate (S): Turkey Bun w/ mayo <input type="checkbox"/>			
1-Dec	2-Dec	3-Dec	4-Dec	5-Dec
Roasted Chicken Drumstick Mashed potatoes, celery sticks, fruit cup and WG roll	Buttermilk Pancake Syrup, Colby Cheese omelet, baby carrots & dip, and fresh orange.	All Beef Hot Dog WG Hot Dog Bun, ketchup, baked beans & cucumbers, and banana	Chicken Tamale Salsa & Lime Slaw, Street corn and fresh Honeydew	Cheese Pizza Broccoli w/dip and apple
Alternate (S): Turkey & Cheese on WW Bread <input type="checkbox"/>	Alternate (S): Citrus Chicken Bun <input type="checkbox"/>	Alternate (S): Turkey & Cheese on Bagel <input type="checkbox"/>	Alternate (S): Chicken Salad Bun <input type="checkbox"/>	Alternate (S): Egg Salad on WW Bread <input type="checkbox"/>
8-Dec	9-Dec	10-Dec	11-Dec	12-Dec
Chicken Nuggets Ketchup, Mac & Cheese, celery & carrots, and fruit cup	Beef Pretzel Dog Ketchup, steamed corn and fresh orange	Chicken & Egg Fried Rice Roasted broccoli & cauliflower medley, and banana	Beef Taco WG Tortilla, shredded lettuce and Cheddar cheese, mild Salsa, cheesy refried bean and fresh Honeydew	Cheese Pizza Chopped Italian Salad (Romaine, shredded carrots, Grape Tomatoes w/ Italian Dressing) and apple
Alternate (S): Grilled Chicken & Cheese Bun <input type="checkbox"/>	Alternate (S): Deli Turkey on WW Bread w/mayo <input type="checkbox"/>	Alternate (S): Bahn Mi Chicen on Flatbread <input type="checkbox"/>	Alternate (S): Turkey & Cheese, Hoagie w/mayo <input type="checkbox"/>	Alternate (S): Chicken Caesar Wrap <input type="checkbox"/>

* Menu is subject to changes

Each lunch includes a choice of milk